

FCCLA®

STAR EVENTS 2025-2026 GUIDELINES



**COMPETITIVE
EVENTS** 

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Additional information available on the FCCLA National Website at fcclainc.org/compete.

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FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA (FCCLA) COMPETITIVE EVENTS

FCCLA Competitive Events promote the organization's mission to focus on the multiple roles of family member, wage earner, and community leader. Competitive events are designed to help members develop specific lifetime skills in character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation. Competitive Events allow members to showcase their college and career-ready knowledge, skills, and abilities.

FCCLA is pleased to provide comprehensive guides to our members and advisers. FCCLA offers five types of competitive events, each with separate guidelines that can be found in the FCCLA Portal.

CHALLENGE TESTS

Comprehensive tests are designed to measure students' understanding and application of specific subject areas related to Family and Consumer Sciences. Challenge Tests cover various topics such as nutrition, child development, interior design, fashion design, culinary arts, and more.

[LEARN MORE](#)

KNOWLEDGE BOWL

In partnership with LifeSmarts, Knowledge Bowl is a team competition that challenges students' knowledge in six content areas related to Family and Consumer Sciences and FCCLA. The content areas include personal finance, consumer rights & responsibilities, technology, health & safety, environment, and FCCLA knowledge.

[LEARN MORE](#)

VIRTUAL BUSINESS CHALLENGE

In partnership with Knowledge Matters, the Virtual Business Challenge is a virtual competition that encourages members to test their personal finance or fashion industry knowledge and skills using a competition version of the Virtual Business classroom software.

[LEARN MORE](#)

SKILL DEMONSTRATION EVENTS

Events that provide opportunities for members to demonstrate college and career-readiness skills in Family and Consumer Sciences (FCS) and related occupations. Members use event criteria to demonstrate skills learned in their FCS courses and through their involvement in FCCLA.

[LEARN MORE](#)

STAR EVENTS

Students Taking Action with Recognition (STAR) are competitive events recognizing members' proficiency and achievement in chapter and individual projects, leadership skills, and career preparation. STAR Events offer individual skill development and application of learning through cooperative, individualized, and competitive activities.

[LEARN MORE](#)

COMPETITIVE EVENTS FEEDBACK AND SUGGESTIONS

We value your input and strive to continuously improve Competitive Events to meet the needs of our members. We encourage you to complete the form if you have any suggestions for edits or updates to the guidelines. National Staff and the Competitive Events Advisory Team will carefully review your feedback to be included in future editions of the guidelines.

[PROVIDE FEEDBACK & SUGGESTIONS](#)

STUDENTS TAKING ACTION WITH RECOGNITION (STAR)

STAR Events are competitive events where members are recognized for proficiency and achievement in chapter and individual projects, leadership skills, and career preparation. STAR Events promote the FCCLA Mission to focus on the multiple roles of family member, wage earner, and community leader and offer individual skill development and application of learning through the following activities:

- Cooperative—teams work to accomplish specific goals.
- Individualized—an individual member works alone to accomplish specific goals.
- Competitive—individual or team performance is measured by an established set of criteria.



Foundational Events

Events that build basic leadership and life skills for members who want to get involved and improve upon themselves.

Career Investigation	Entrepreneurship	Focus on Children	Interpersonal Communications
Job Interview	Leadership	Nutrition and Wellness	Personal Finance
Parliamentary Procedure	Professional Presentation	Repurpose and Redesign	Sustainability Challenge

Leadership Events

Events that provide opportunities for leaders to gain recognition for their work in chapters. Event content is designed to be a chapter project led by the team that takes it to competition.

Chapter in Review Display	Chapter in Review Portfolio	Chapter Service Project Display	Chapter Service Project Portfolio
National Programs in Action	Promote and Publicize FCCLA	Public Policy Advocate	

Career Focused Events

Events for members exploring a specific career area. Most events are for Level 2 and Level 3 participants who have spent time building career-specific skills and knowledge, but a few events are open to Level 1 participants who want to explore a specific career path.

Baking and Pastry	Culinary Arts	Early Childhood Education	Event Management
Fashion Construction	Fashion Design	Food Innovations	Hospitality, Tourism, and Recreation
Interior Design	Personal Finance	Say Yes to FCS Education	Sports Nutrition
Teach or Train		Teaching Strategies	

Online Events

Events that have a focus on the integration of Family and Consumer Sciences content through digital delivery. Preliminary Round participants submit projects for online evaluation. The top 20 highest-scoring entries in each level qualify to compete at the National Leadership Conference.

Digital Stories for Change	FCCLA Chapter Website
Instructional Video Design	RED Talks on Education

STAR EVENTS INFORMATION & ENTRIES PER STATE

An *individual event* is one that the individual completes. A *team event* is one that 1 – 3 team members complete.

It's important to verify with your State Adviser to ensure compliance with state-level regulations regarding the maximum number of entries allowed per state, as this number might be lower than the national allowance.

Event	Entries per State	Individual Event		Team Event	Event	Entries per State	Individual Event		Team Event
Baking and Pastry					Event Management				
					Level 1	2	■	or	■
					Level 2	2	■	or	■
Level 3 & 4	3	■			Level 3 & 4	2	■	or	■
Career Investigation					Fashion Construction				
Level 1	3	■			Level 1	2	■		
Level 2	3	■			Level 2	2	■		
Level 3 & 4	3	■			Level 3 & 4	2	■		
Chapter in Review Display					Fashion Design				
Level 1	2	■	or	■					
Level 2	2	■	or	■	Level 2	2	■	or	■
Level 3 & 4	2	■	or	■	Level 3 & 4	2	■	or	■
Chapter In Review Portfolio					Focus on Children				
Level 1	2	■	or	■	Level 1	3	■	or	■
Level 2	2	■	or	■	Level 2	3	■	or	■
Level 3 & 4	2	■	or	■	Level 3 & 4	3	■	or	■
Chapter Service Project Display					Food Innovations				
Level 1	2	■	or	■	Level 1	2	■	or	■
Level 2	2	■	or	■	Level 2	2	■	or	■
Level 3 & 4	2	■	or	■	Level 3 & 4	2	■	or	■
Chapter Service Project Portfolio					Hospitality, Tourism, and Recreation				
Level 1	2	■	or	■	Level 1	2	■	or	■
Level 2	2	■	or	■	Level 2	2	■	or	■
Level 3 & 4	2	■	or	■	Level 3 & 4	2	■	or	■
Culinary Arts					Interior Design				
					Level 1	2	■	or	■
					Level 2	2	■	or	■
Level 3 & 4	3	■			Level 3 & 4	2	■	or	■
Early Childhood Education					Interpersonal Communications				
					Level 1	2	■	or	■
Level 2	2	■			Level 2	2	■	or	■
Level 3 & 4	2	■			Level 3 & 4	2	■	or	■
Entrepreneurship					Job Interview				
Level 1	2	■	or	■	Level 1	3	■		
Level 2	2	■	or	■	Level 2	3	■		
Level 3 & 4	2	■	or	■	Level 3 & 4	3	■		

Leadership					Public Policy Advocate				
Level 1	3	■			Level 1	2	■	or	■
Level 2	3	■			Level 2	2	■	or	■
Level 3 & 4	3	■			Level 3 & 4	2	■	or	■
National Programs in Action					Repurpose and Redesign				
Level 1	2	■	or	■	Level 1	2	■	or	■
Level 2	2	■	or	■	Level 2	2	■	or	■
Level 3 & 4	2	■	or	■	Level 3 & 4	2	■	or	■
Nutrition and Wellness					Say Yes to FCS Education				
Level 1	2	■	or	■	Level 1	3	■		
Level 2	2	■	or	■	Level 2	3	■		
Level 3 & 4	2	■	or	■	Level 3 & 4	3	■		
Parliamentary Procedure					Sports Nutrition				
Level 1	2			■	Level 1	2	■	or	■
Level 2	2			■	Level 2	2	■	or	■
Level 3 & 4	2			■	Level 3 & 4	2	■	or	■
Personal Finance: Presented by Everfi					Sustainability Challenge				
Level 1	2	■			Level 1	3	■	or	■
Level 2	2	■			Level 2	3	■	or	■
Level 3	2	■			Level 3 & 4	3	■	or	■
Professional Presentation					Teaching Strategies				
Level 1	2	■	or	■					
Level 2	2	■	or	■	Level 2	2	■		
Level 3 & 4	2	■	or	■	Level 3 & 4	2	■		
Promote and Publicize FCCLA					Teach or Train				
Level 1	2	■	or	■	Level 1	3	■		
Level 2	2	■	or	■	Level 2	3	■		
Level 3 & 4	2	■	or	■	Level 3 & 4	3	■		

ONLINE STAR EVENTS

Online STAR Events have two participation rounds. In the Preliminary Round, participants in each level submit their online digital project for evaluation. The twenty (20) highest-scoring entries are invited to present their digital project, plus an oral presentation, at the National Leadership Conference.

Event	Entries per Chapter	Individual Event		Team Event	Event	Entries per Chapter	Individual Event		Team Event
FCCLA Chapter Website (Only 1 entry per chapter)					Instructional Video Design				
Level 1	1	■	or	■	Level 1	2	■	or	■
Level 2		■	or	■	Level 2	2	■	or	■
Level 3 & 4		■	or	■	Level 3 & 4	2	■	or	■
Digital Stories for Change					RED Talks on Education				
Level 1	2	■	or	■	Level 1	2	■		
Level 2	2	■	or	■	Level 2	2	■		
Level 3 & 4	2	■	or	■	Level 3 & 4	2	■		

ACCOMMODATION REQUESTS FOR DISABILITIES

FCCLA members with disabilities, as adequately identified by a valued team of professionals (such as an IEP team, Section 504 coordinator, certified psychologist, or physician) will be reasonably accommodated in national events. Participants who require accommodation in their event should indicate a special needs request during the national event registration or 30 days before the event. A national staff member may contact the adviser to determine the best process for the participant. Contact your state adviser for regional/district/state competition accommodation policies.

DATES AND DEADLINES

It is the responsibility of all FCCLA Members and advisers to review the national FCCLA dates and deadlines found on the FCCLA website. **Advisers should also consult with their state adviser to determine state-specific deadlines or requirements for participation in STAR Events.** By staying informed and prepared, FCCLA members can maximize their personal and professional growth opportunities through leadership development, community service, and competitions.

[VIEW NATIONAL DEADLINES](#)

DISCLAIMER FOR COMPETITION

Each participant is responsible for having read all of the guidelines. National FCCLA is not responsible for an entry that is late, lost, misdirected, or not received. Chapter advisers must register competitors in the FCCLA Portal by the posted deadline to be eligible for scoring and ranking. All technical issues should be directed to competitiveevents@fcclainc.org as soon as possible for resolution. All participants are responsible for reading the national organization's information for competition. Only project materials available onsite at the competition are eligible for review. Any project materials lost or not in hand by the participants during the competition will not be considered for evaluation.

DISQUALIFICATION & PENALTIES

Disqualification is unfortunate for everyone concerned—participants, advisers, and event managers. To avoid unnecessary disappointment, keep in mind the four most common causes of disqualification:

1. **Affiliation Deadline:** Failure to affiliate with national headquarters by May 31. Only affiliated members are eligible to register for national STAR Events. Refer to the "Membership" section for affiliation details.
2. **Late Arrival:** Participants are encouraged to arrive 30 minutes before their event presentation time. Latecomers arriving more than 15 minutes after the scheduled start time may still be permitted to compete if time allows and at the discretion of the event Lead Consultant. *Participants will not be eligible to place in the Top 10 or be selected as a Top 3 finalist.*
3. **Behavioral Expectations:** Participants, both students and adults, are expected to exhibit behavior that supports the smooth management of STAR Events and upholds a positive image of the organization. Failure to do so, whether before, during, or after participation in STAR Events, may lead to disqualification of individuals and/or their eligibility for the following year's participation. The Competitive Events Advisory Team determines the penalty for such behavior.
4. **Registration and Housing Policies:** Registering for the National Leadership Conference and adhering to the published housing policies is imperative. All participants must complete registration for the National Leadership Conference and stay within the official hotel block during the conference dates. STAR Events participants attending the National Leadership Conference but not staying within the conference hotel block will not be allowed to compete in national STAR Events. Those requesting an exemption from this policy must have their state adviser submit a request on their behalf to the National Executive Director.

Participants must follow national rules for competition or risk possible disqualification or loss of points. If national regulations vary from state event rules, entries must be changed to comply with national guidelines.

Participants who do not follow the event guidelines or the definition of the event, or if they create an item that does not align with the current event scenario, their sample/display/project will not be considered for evaluation. However, the participant can still participate in the competition by giving an oral presentation and will only be evaluated based on that presentation.

5. **STAR Events Projects:** All work submitted must be reflective of the students' own effort. If Artificial Intelligence Tools (AI) are used, they must be clearly cited and acknowledged in the participants' project. Failure to cite the use of AI or any external resources, may result in disqualification.

ENTRIES PER STATE

State associations can qualify up to two (2) entries per STAR Event at each level offered for the National Leadership Conference, except for Baking & Pastry, Culinary Arts, Job Interview, Leadership, Say Yes to FCS Education, Sustainability Challenge, and Teach or Train, which permit up to three (3) entries per state. Please be aware that certain states may have individual policies that deviate from the national guidelines, potentially resulting in fewer qualifiers for specific events and levels.

EVENT DESCRIPTION AND LEVELS

Individual events evaluate one member's performance. Team events evaluate several participants' or a chapter's performance as one entry. Team events may have one, two, or three participants from the same chapter, except for Parliamentary Procedure, which may have four to eight participants from the same chapter.

The participant's grade determines entry into a particular level. The grade in school determines the level during the year preceding the National Leadership Conference.

LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
FCCLA Chapter Members through grade 8	FCCLA Chapter Members in grades 9-10	FCCLA Chapter Members in grades 11-12	Postsecondary Members (grade 13 +)

- A team of members of mixed grade levels (through grade 12) must enter at the level of the highest participant member's grade level.
- Team events with only Level 2 (grades 9-10) or Level 3 (grades 11-12) may not include members through grade 8.
- Team events with only Level 3 (grades 11-12) may not include members through grade 10.
- Level 4 (Postsecondary) entries may not include members through grade 12.
- Participants must compete in the level based on their grade as recorded for membership affiliation and must reflect the actual grade level for the current school year. Students must compete with the chapter where their membership is held.

MAXIMUM EVENT ENTRY POLICIES

1. An individual member may participate in only one (1) STAR Event annually. Participants may seek permission from their state adviser to compete in both an Online STAR Event and a STAR Event at their State Leadership Conference. However, if a participant qualifies in both the Online STAR Event and the STAR Event at their State Leadership Conference, they may select only one event to compete in at the National Leadership Conference.
2. STAR Events participants are allowed to compete in the same event multiple times, provided they create new and original projects each year, with a strict prohibition on reusing materials or projects from previous years.
3. During the National Leadership Conference, participants can compete in either one (1) STAR Event or the FCCLA/LifeSmarts Knowledge Bowl. In addition, members can choose to compete in one (1) Skill Demonstration Event and take up to ten (10) Challenge Tests at the National Leadership Conference, alongside their participation in a STAR Event or Knowledge Bowl.
4. National FCCLA will not accommodate any schedule requests. The responsibility for coordinating and selecting a Skill Demonstration Event/Online Challenge Test that occurs on a different day from their STAR Event/Knowledge Bowl lies solely with the chapter adviser and the participant.
5. No projects can be entered in more than one level of a single event or more than one event. However, projects entered in any event may be included in the Chapter in Review Display/Portfolio.
6. Chapters may submit one entry in Chapter in Review Display and one entry in Chapter in Review Portfolio per level. Each level project can contain the same content but be the original work of the individual/team competing.
7. Chapters are allowed to enter only one entry in FCCLA Chapter Website.
8. State and chapter advisers should ensure that identical presentations of the same project are not entered into STAR Events in one year or multiple years.

MEMBERSHIP

A student is only considered an affiliated FCCLA member at any level (local, state, and/or national) once all membership dues are received at national headquarters. Only affiliated members are eligible to compete in any level of STAR Events. States must only allow members to participate in regional or state events if national membership is verified.

Note: Although the national membership deadline is May 31, states may require earlier deadlines for competition. Verify all state deadlines with your state adviser.

PRESENTING POLICIES AND GUIDELINES

1. Participants are not allowed to distribute any materials to the evaluators unless the event rules specifically allow it. Evaluators cannot keep any items given to them by STAR Events participants, including gifts. Unless otherwise stated in the guidelines.
2. Participants are responsible for their event materials and may not have others assist them with event setup, including moving items into the competition area. Participants may be subjected to disqualification if they have others assist with setup after being reminded by the Lead/Room Consultant. Any items left behind are not the responsibility of FCCLA and may be discarded.
3. Participants may present in front, behind, or beside the designated table or space. Participants may not place items on the consultant or evaluator tables.
4. **All materials on displays must be placed on a clearly defined presentation surface. Displays with a clearly defined front presentation surface (such as tri-fold boards) may not have items on the back of the board, as consultants/evaluators would not be expected to look behind a display for project components.** Displays with multiple presentation sides may have materials on all *clearly defined presentation surfaces*. All materials must be easily viewed, accessible, and legible.
5. No live animals or people can be used as props or visuals. Only registered event participants may present in the competition.

PROJECT DEVELOPMENT AND COMPLETION TIMELINE

1. All STAR Events projects must be developed and completed during a **one-year span, beginning July 1 and ending June 30** of the school year before the National Leadership Conference.
2. STAR Events projects must be solely planned and prepared by the participant(s). While the use of supporting resources and Artificial Intelligence (AI) is permitted, participants are required to coordinate their utilization. Proper citation of these resources, whether verbal or in written form during the presentation, is essential to ensure that credit is not wrongly attributed to work that is not original or produced by the participant(s). Participants must only utilize original materials, items with licenses for reuse, or those for which copyright permission has been obtained. Failure to cite work, including the use of AI, may result in the student's project being omitted from evaluation.

SPECTATORS

Spectators are not permitted to observe any segment of a STAR Event unless explicitly specified otherwise. Recording, whether through videotaping or audio recording, is strictly prohibited. National FCCLA may permit media personnel and business & industry partners to attend events and observe. State-level exceptions may be subject to state policies.

STATE SELECTION PROCEDURES

Members are not required to participate in state events prior to national STAR Events, though state-established procedures must select them.

CHAPTER SUBSTITUTION POLICY

Once a chapter has registered a student as a National STAR Events participant, a substitution from that chapter is permitted in the case of a team event, but only if the substitute meets the eligibility requirements of that event. The state adviser must approve all substitutions. **Substitutions are not permitted in individual events. Substitutions are not permitted after June 1 for National STAR Events.** States may determine substitution policies for STAR Events at the district, regional, or state levels. Not all states allow for substitutions. Substitutions may be subject to a fee as outlined in the conference registration guidelines. **Check with your state adviser for state-specific policies.**

CONFERENCE REGISTRATION AND HOUSING

Delegates, competitors, and national officer candidates attending the National Leadership Conference must register to attend the entire conference and stay within the official meeting/conference hotel block for the length of the in-person conference. In any extenuating circumstances, a written waiver may be submitted via the state adviser to the National Executive Director for consideration.

CONFERENCE SUPPLIES, EQUIPMENT, ELECTRICAL, AND WI-FI ACCESS

Participants must bring all needed supplies with them to the competition. Supplies will not be available from the National Leadership Conference Headquarters or Competitive Events Headquarters.

Access to an electrical outlet will not be provided unless required for a participant classified under the provisions of the Individuals with Disabilities Education Act. This request must be made during the national STAR Events registration process. Wi-Fi is not provided unless you are competing in an Online STAR Event. Participants are encouraged to bring fully charged devices, such as laptops, tablets, etc., to use for presentations, as allowed per event guidelines.

NATIONAL PARTICIPATION SCHEDULE AND ONLINE ORIENTATION

A tentative competition schedule and online orientation details will be posted to the FCCLA Portal by the dates outlined on the [FCCLA website](#).

Chapter advisers and members should refer to the FCCLA Student Portal for the most up-to-date participation times. Changing schedules with other participants is not permitted. Participants are required to be available during the entire time their event takes place. Do not schedule other activities during these periods. Once competition schedules are distributed, changes are not made for any scheduling conflicts.

Chapter advisers will be responsible for confirming STAR Events schedules in the FCCLA Portal by the deadline outlined on the [FCCLA website](#). When confirming schedules, advisers should verify:

- Competitors are listed on the correct team.
- Competitors are in the correct level.
- Competitors are in the correct event. Take special note, as some event names are similar.

FCCLA Chapter Advisers are responsible for confirming participant schedules by the deadline outlined on the [FCCLA website](#). **National FCCLA will not be held responsible for any qualification issues, scheduling conflicts, or event errors at the National Leadership Conference that result from unconfirmed schedules.**

NATIONAL RECOGNITION, AWARDS AND SCORING

The top ten placements in each event and level will receive recognition during a National Leadership Conference general session. Given the large number of competitors in National STAR Events, FCCLA has established the use of standard deviation to determine placement and medals in events that require more than one competition station. The use of the standard deviation formula helps balance differences in scoring between evaluators in competition stations. The use of the formula does not eliminate the possibility of ties; therefore, tie-breaker procedures will be utilized as needed. No ties will be allowed for 1st, 2nd, or 3rd place, but ties may remain for additional placements. Once event consultants submit scores, the top 10 scores in each event, after standard deviation is applied, will be reviewed to determine accuracy. **All scores are considered final for placement recognition, and no scores will be changed once the top 10 scores are validated by event officials and entered into the scoring database.**

Participants will receive recognition at the following levels. These levels are determined by score, **with** the application of standard deviation.

- Gold Medal (90 -100)
- Silver Medal (70 – 89.99)
- Bronze Medal (50 – 69.99)

A standard set of criteria evaluates each entry. There is no limit to the number of medals or certificates given for each event at any level. STAR Event participants must attend their State Recognition Session to receive their medal or certificate. National FCCLA will ship plaques or medals not picked up, but the chapter is responsible for shipment costs.

ONLINE ORIENTATION SESSIONS

Competitors are **strongly encouraged** to view the STAR Events video and complete the STAR Events Online Orientation Form under *Surveys Applications* in the Student Portal. During this presentation, the STAR Events schedule, participant's responsibilities, general event schedule, and evaluation procedure will be reviewed.

All rules apply even if the participant decides not to complete the orientation session. **FCCLA does not assume responsibility for any problems resulting from participants who choose not to complete and document their participation.**

ONLINE TESTING

Parliamentary Procedure participants are required to take their event tests during an online testing window (outlined on the [FCCLA website](#)). All participants qualified and registered in Parliamentary Procedure will receive an email notification with a link to the testing. This test will **not** be offered onsite at the National Leadership Conference. Participants not taking the test online during the testing window will lose the testing points. *If a competitor does not receive information regarding how to access the test, please email competitiveevents@fclclainc.org.

STAR EVENTS REGISTRATION FEES

Each participant in a team or individual event pays a fee to help cover STAR Events expenses. In addition to the participant entry fee, Online STAR Events (National Leadership Conference) entries pay a technology fee to provide Internet access and equipment (in-person conference only). The national STAR Events participant fee is posted under the "Attend" tab of the FCCLA Website and includes dates and fees for late registrations. **Baking and Pastry and Culinary Arts participants WILL NOT be able to register for National STAR Events beyond the regular deadline date posted on the FCCLA Website. STAR Events fees are nonrefundable.**

STANDARD STAR EVENTS DRESS CODE POLICY

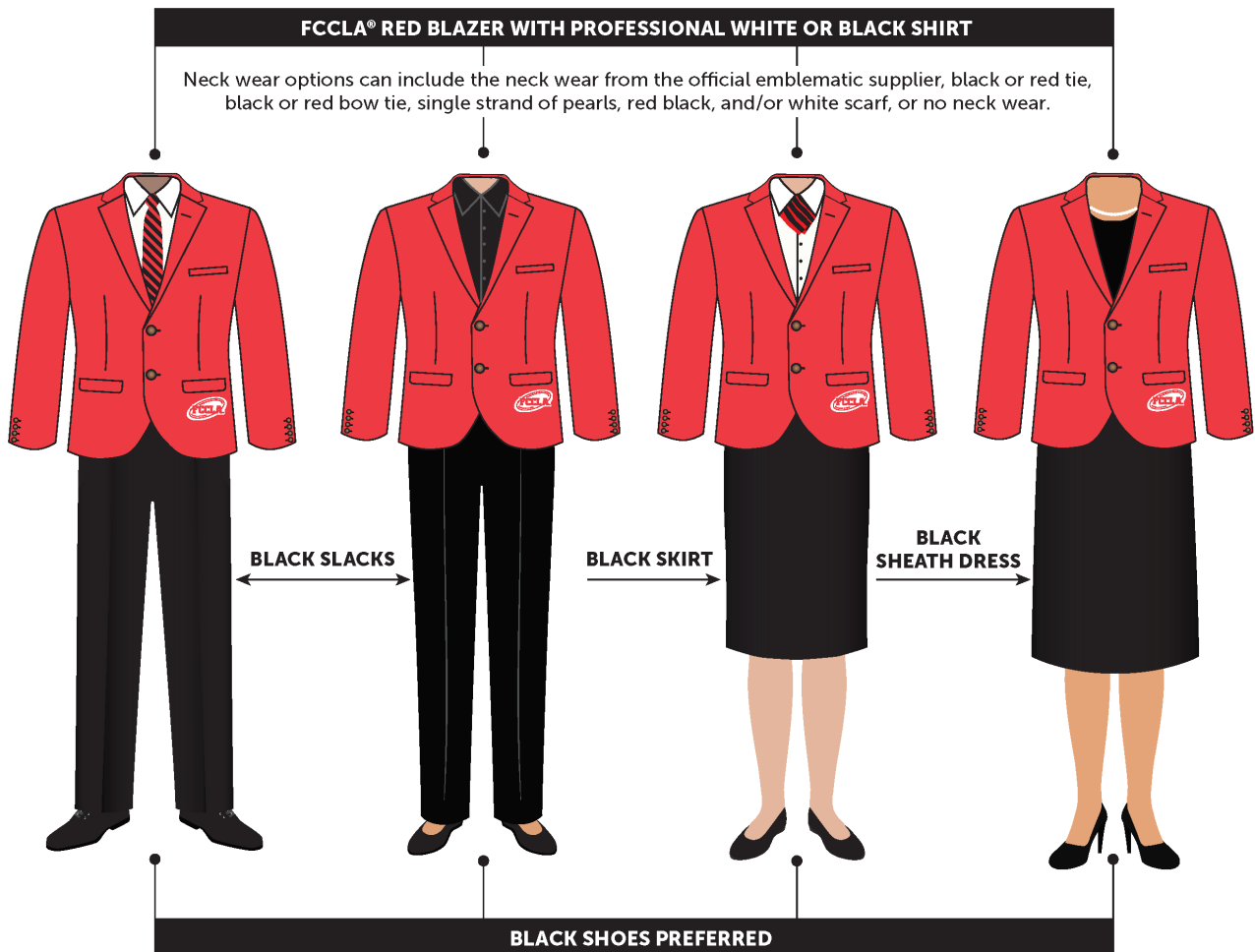
FCCLA Members' attire should reflect the positive and professional image of FCCLA. STAR Events participants must adhere to the conference dress code for all sessions, including state STAR Events Recognition Sessions. Unless otherwise noted, the official FCCLA blazer/uniform, in line with the National Leadership Conference dress code, is the appropriate attire for STAR Events that do not permit chef attire. See the graphic below. **Except for Baking and Pastry and Culinary Arts, the graphic lists neckwear options. Participants should use discretion when wearing other types of neckwear, including necklaces, lanyards, and pins to avoid distractions or fidgeting that could result in point deductions.**

BAKING AND PASTRY & CULINARY ARTS DRESS CODE POLICY

Wear clean and appropriate professional chef attire. This attire consists of any color chef coat or jacket, industry pants or commercial uniform pants, an apron, a hair covering or chef hat, and closed-toe kitchen shoes with non-slip soles and sealed, non-melting uppers (**canvas shoes are not suitable**). For accessories, limit them to a watch; no other jewelry or accessories are allowed. Facial hair is permitted if adequately covered. If your hair extends beyond the neckline, it must be properly restrained with a hairnet. Keep makeup minimal, and avoid using cologne. In cases where nail polish or artificial nails are worn, gloves are required. Chef attire may feature acceptable graphics such as the FCCLA logo, school, chapter, or state name or logo, and individual name. Additional logos are not permitted and must be covered with cloth tape.

NATIONAL LEADERSHIP CONFERENCE DRESS CODE

The below dress code applies to all members who are attending FCCLA® National Leadership Conference.



JEANS, T-SHIRTS, ATHLETIC WEAR ARE NOT ACCEPTABLE

STAR EVENT VOLUNTEERS

Efforts to manage STAR Events require the involvement of numerous individuals, including both student members and adults, who play pivotal roles in ensuring the event's success. During these events, we promote and cultivate cooperation and respect among youth and adults by facilitating collaborative work within youth/adult teams. Our fundamental belief in the capability of young individuals to take on significant responsibilities has been instrumental in the triumph of this system. You can find detailed management responsibilities outlined in the STAR Events Management Manual, which will be accessible before the event takes place.

Volunteer Type	Responsibilities
Lead Consultants	Adults experienced in working with STAR Events who are responsible for handling details and managing a specific event onsite. National events use 2-3 lead consultants as needed.
Assistant Lead Consultants	Adults experienced in working with STAR Events who will assist the Lead Consultant with handling details and managing specific events onsite.
Adult and Youth Room Consultants	Student members and adults who work together to manage the flow of participants and assist evaluators.
Evaluators	Evaluation teams are typically composed of 12 th grade student members and adults who are responsible for evaluating entries, assigning ratings to participants, and discussing strengths and areas for improvement. Evaluators may include Subject Matter Experts (Advisers), Business, Industry, and Community Members (Adults). When necessary, 11 th grade students will be assigned to judge Level 1 and 2 participants.

FCCLA places a strong emphasis on the value of diverse perspectives in the evaluation of STAR Events. Evaluation teams are typically composed of three distinct viewpoints: The FCCLA Chapter Adviser, an adult member representing various backgrounds (such as Business and Industry, Alumni, Community Members, Administrators, or Parents/Chaperones), and an FCCLA Member. To ensure that volunteers are well-prepared for their roles, an orientation session is conducted before the competition, either recorded or in person. During this session, the lead consultant or another staff member offers essential information, revisits the STAR Events philosophy evaluation process, and provides clear guidance on procedures, rules, and rubrics.

IMPORTANCE OF CHAPTER ADVISERS SERVING AS EVENT VOLUNTEERS

Chapter Advisers play a crucial role as subject matter experts in Family and Consumer Sciences (FCS) and FCCLA. Their expertise allows them to provide vital information about FCCLA, the FCS curriculum, and career and technical education to both members and other adult volunteers. The participation of chapter advisers as event volunteers, including roles such as Lead and Assist Lead Consultants, Room Consultants, and Evaluators, is essential. Their involvement ensures that evaluation teams have the necessary context and subject matter expertise, which can significantly influence final scoring outcomes. During the National Leadership Conference, all volunteers receive documentation that records the hours they dedicate to Competitive Events. This documentation can be beneficial for volunteers seeking professional development certification as per local and/or state policies.

COMPETITIVE EVENTS ADVISORY TEAM

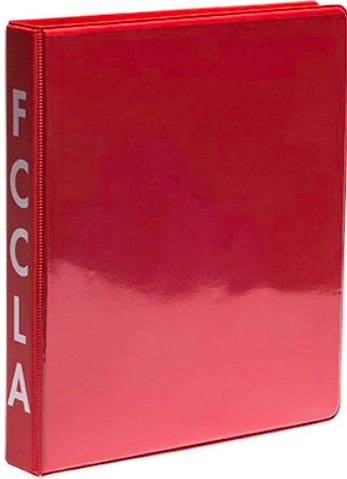
The Competitive Events Advisory Team (CEAT) is the driving force behind FCCLA's dynamic Competitive Events program. Comprised of experienced advisers, members, and state advisers, CEAT is dedicated to enhancing and innovating this program to provide valuable opportunities for FCCLA Members to showcase their skills and talents while promoting personal growth and leadership development. Resolution to situations not addressed in policies or in event guidelines will be determined by national staff and members of the Competitive Events Advisory Team.

2025 - 2026 CEAT Members				
Pamela Lee <i>Board of Directors Program Chair</i>	Caitlin Roberson <i>Georgia Past Lead Consultant</i>	Ginger Hill <i>South Carolina Lead Consultant</i>	TBD <i>State Assistant Lead Consultant</i>	Allison Hertenstein <i>Iowa FCCLA Chapter Adviser</i>
TBD <i>State FCCLA Chapter Adviser</i>	Tennyson Elrod-Spears <i>Oklahoma VP of Competitive Events</i>	Claire Cantrell <i>Alabama Past VP of Competitive Events</i>	TBD <i>State Student Member</i>	TBD <i>State Student Member</i>

FCCLA STORE

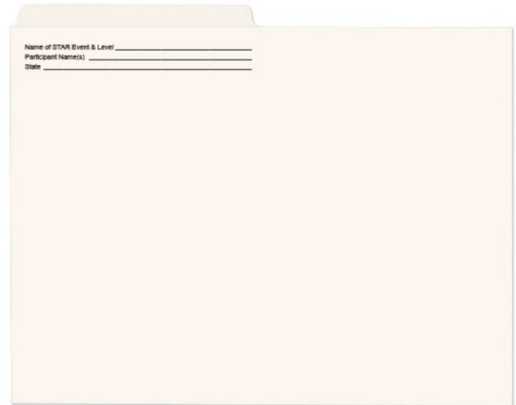
The FCCLA Store is your one-stop shop for all your STAR Event's needs. In addition to a wide range of supplies like the STAR Events binder and file folder, it's also the go-to destination for purchasing the official FCCLA Red Blazers, ensuring you're fully equipped for your STAR Events competition.

STAR Events Binder



[BUY NOW](#)

STAR Events File Folder



[BUY NOW](#)

FCCLA Red Blazer & Uniform



[BUY NOW](#)

Navigating the intricacies of FCCLA STAR Events can be complex, and it's crucial to review all guidelines for a seamless competition experience thoroughly. On this page, we've compiled answers to the most frequently asked questions regarding FCCLA's STAR Events. Whether you're a participant, adviser, or parent, these FAQs aim to simplify the process and help you make the most of your STAR Event journey.

DISPLAY AND PRESENTATION FORMAT

1. **Can I create a digital presentation instead of a freestanding or tabletop display?**
 - No.
2. **Can we provide photos if our project's product is too large to transport to the competition?**
 - No, the product must be present for evaluation.
3. **Can slides be of any color?**
 - Yes, but consider legibility and viewing when choosing colors.
4. **Can I use a remote to advance electronic slides?**
 - Yes, but note that pointers or props may not be allowed.
5. **Can content pages have graphics or decorations?**
 - Yes, unless plain paper is specified.
6. **Can an iPad or tablet be used instead of note cards?**
 - Yes, as long as it's not used for recording, publishing, or receiving information during the presentation.
7. **Do we have to use FCCLA's manila folders?**
 - No.
8. **Does the color or orientation of file folders matter in events requiring them?**
 - No.

ELECTRONIC PORTFOLIO AND MATERIALS

9. **Can I provide 3 laptops/iPads/devices for each evaluator in my presentation?**
 - No, only one device is allowed for presenting an electronic portfolio.
10. **Can a student turn in both a hard copy and present their portfolio in a PowerPoint?**
 - No, students must choose one type of portfolio format.
11. **In portfolio events, are content divider pages required?**
 - Not necessarily, depending on event specifications.
12. **Can we laminate the pages?**
 - Yes, but laminated pages must still meet any size requirements as stated in event guidelines.
13. **Can students use FCCLA-copyrighted material in STAR Events?**
 - Yes, as long as it's not used for commercial purposes or sold, and proper citation is provided.

ELIGIBILITY AND PARTICIPATION

14. **If a member graduates early, can they still compete in STAR Events?**
 - School districts set eligibility requirements for participation in local FCCLA chapter activities, including STAR Events. Upon local and/or state eligibility determination, any nationally affiliated member may participate in STAR Events based on individual event eligibility criteria.
15. **Can a member compete in both an Online STAR Event and another STAR Event?**
 - Members can participate in one (1) STAR Event at the national level. Your state adviser may allow you to compete in an in-person STAR Event at the state level in addition to an Online STAR Event. However, if you qualify for the National Leadership Conference in both your Online STAR Event and the STAR Event you competed in at state, you can only present at the National Leadership Conference, as you are not permitted to participate in both. Please consult with your state adviser for state policies.

ORIENTATION AND DOCUMENTATION

16. Is the Event Online Orientation available for all levels of competition (regional, district, state)?

- It is encouraged to review for competition at the National Leadership Conference. States may have different procedures.

17. When should I submit the Online Project Summary Form?

- This should be submitted prior to your first competition. Update it as necessary in the FCCLA Portal.

MISCELLANEOUS

18. Are accommodations made for students with disabilities?

- FCCLA members with disabilities will be reasonably accommodated in national events. Refer to the policy section of the guidelines for the full policy. For regional/district/state competitions, contact your state adviser.

19. How should budgets and evaluations be addressed if the project isn't complete at regional/state competition?

- For presentations prior to the National Leadership Conference, participants should give the anticipated numbers (budgets). Evaluation plans should be presented in detail (evaluation methods, instruments, anticipated outcomes). This information should be updated for projects advancing to national competition.

20. Is a font considered a graphic?

- Only graphic fonts are considered graphics; fonts can be any color unless specified.

ADDITIONAL QUESTIONS?

For additional questions, please email competitivevents@fcclainc.org. If your question pertains to a district, regional, or state-level event, conference, or deadline, be sure to contact your state adviser, as they will be the most reliable source of state-level information.



This checklist is designed to give you, the adviser, an organized view of STAR Events and to ensure all requirements for the students have been met. Please read all information carefully and thoroughly to ensure you and your student(s) understand all requirements.

PREPARATION AND INFORMATION SHARING

Distribute individual information sheets about each STAR Event to your members so they can decide which event is best for them. Utilize the information sheets and the *Which STAR Event is for You?* Quiz on the FCCLA website. If applicable, share

[TAKE THE QUIZ](#)

[INFORMATION SHEETS](#)

Ensure members have access to the following resources:

- STAR Events Guidelines
- STAR Events Policies
- Checklist for Members
- STAR Events templates are available on the FCCLA Portal
- Glossary



ELIGIBILITY AND AFFILIATION

To avoid disqualification, verify that students are eligible for the event they have chosen.

Confirm that students' state and national dues have been paid by the required deadline. Students must be nationally affiliated.

DEADLINES

Review the national STAR Events deadlines and check with your state adviser for state-specific deadlines. Typically, state deadlines will come before national deadlines.

[VIEW NATIONAL DEADLINES](#)

PROJECT COMPLETION

After the students have completed their projects, thoroughly review all requirements with them to ensure adherence to guidelines.

ONLINE ORIENTATION & ONLINE PROJECT SUMMARY FORM

Verify your participants completed their Online Project Summary Form located in the FCCLA Student Portal > Surveys Applications > STAR Events Online Project Summary Form. Only one (1) form per team is required and must be completed by their first competition.

Encourage your members to complete the Online Orientation Form by the specified deadline for the National Leadership Conference. Check with your state adviser for state-specific orientations.

EVENT SCHEDULE CONFIRMATION (NATIONAL LEADERSHIP CONFERENCE PARTICIPANTS ONLY)

Verify your participant's STAR Events Schedule in the FCCLA Portal > Meetings and Events > National Leadership Conference > Confirm STAR Schedule. Carefully check that your participants are on the correct team, level, and in the correct event.

ADDITIONAL TIPS FOR ADVISERS

- Encourage regular communication with your students, addressing any questions or concerns they may have about their STAR Events participation.
- Provide guidance on time management to help students meet deadlines and adequately prepare for their events.
- Support students in preparing their presentations, portfolios, or projects by offering constructive feedback and resources.
- Familiarize yourself with the evaluation criteria for your students' chosen STAR Events to help them focus on critical areas.
- Ensure that any required materials or equipment for the event presentation are readily available and in good working condition.
- Leverage the Knowledge Hub for updated guides, templates, and the STAR Events video series (available with certain members packages or for purchase)
- Promote career connections by encouraging students to reflect on how their STAR Event links to the Career Clusters.
- Promote a positive and supportive atmosphere within your FCCLA chapter to motivate and inspire students in their STAR Events journey.
- Stay informed about any updates or changes related to STAR Events through FCCLA communications and your state adviser.
- Consider organizing mock presentations or peer reviews to help students gain confidence and improve their performance.
- Encourage students to embrace the learning experience and personal growth opportunities that STAR Events offer, regardless of the competition outcome.

FCCLA members are encouraged to take ownership of their STAR Event projects. You need to understand that the success of your projects largely depends on your dedication and commitment. While chapter advisers are invaluable sources of support and guidance, you are responsible for the planning, execution, and presentation of your project(s). This sense of ownership not only fosters personal growth but also empowers you to make the most of your STAR Event experience. By following the provided checklist and seeking assistance when needed, you can ensure you are fully prepared to excel in your competition and showcase your talents and skills on a national platform.

Ensure that your chapter, state, and national dues are paid by the deadline.

Choose an event. Use the Which STAR Event is for You Quiz found on the FCCLA Website, or if applicable, watch the STAR Events Video Series in Knowledge Hub. (available with certain member packages or for purchase)

TAKE THE QUIZ

Download the STAR Events Guidelines from your FCCLA Portal and carefully read through them.

STUDENT PORTAL

Obtain current STAR Events *resources* (if applicable), such as menus, scenarios, or templates available through the FCCLA Student Portal.

Complete all parts of the project (Oral Presentation, *Portfolio*, *Display*, etc.).

Submit your Online Orientation Form, located in the FCCLA Student Portal, prior to your first competition. One submission per team is required.

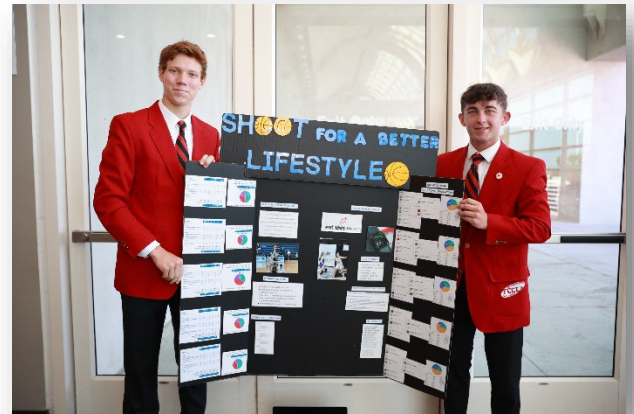
Be sure to read the glossary for more clarification of *italicized* words.

Look over your event's rubric and Point Summary Form, and double-check that you have covered all required elements.

Go through all rules again with your adviser to make sure you have completed everything that is required correctly.

Practice going through your STAR Event many times to assure precision and quality. Have someone critique your materials and your performance, and consider incorporating their suggestions.

Watch the Online Orientation Video and complete the form by the [deadline](#) (NLC competitors).



The *Planning Process* is a decision-making tool that supports the organization's overall philosophy about youth-centered leadership and personal growth. It can be used to determine group action in a chapter or class or to plan individual projects. A blank FCCLA Planning Process template may be downloaded from the FCCLA Adviser or Student Portal. This template may be modified, but all headings must be used in the correct order. The FCCLA logo, STAR Events logo, and Planning Process graphics are encouraged but not required



IDENTIFY CONCERNS

The circle represents a continuous flow of ideas and has no beginning or end. As a target, it symbolizes zeroing in on the one idea around which you would like to build a project.

- Brainstorm to generate ideas or state the activity or problem you want to address if already determined.
- Evaluate your list and narrow it down to a workable idea or project that interests and concerns the majority or all of your members.



SET A GOAL

The arrow stands for deciding which direction you will take. It points toward the goal or end result.

- Get a clear mental picture of what you want to accomplish, and write your ideas down as your goal.
- Make sure your goal is one that can be achieved and evaluated.
- Consider the resources available to you.



FORM A PLAN

The square represents the coming together of ideas—the who, what, where, when, and how of your plan.

- Decide what needs to be done to reach your goal.
- Figure out the who, what, where, when, and how.
- List the abilities, skills, and knowledge required on your part.
- List other available resources, such as people, places, publications, and funds.
- Make a workable timetable to keep track of your progress.
- List possible barriers you might face and develop plans if necessary.
- Decide ways to recognize your accomplishments along the way.



ACT

The different squares in this symbol represent the activities to be carried out to meet your goal. It represents acting on the plan.

- Carry out your group or individual plan.
- Use *family* and *community* members, advisers, committees, task forces, and advisory groups when needed.



FOLLOW UP

The broken squares suggest examining the project piece by piece. This symbol also represents a "window" through which to review and evaluate the plan.

- Determine if your goal was met.
- List ways you would improve your project or plan for future reference.
- Share and publicize your efforts with others, including the media, if appropriate.
- Recognize members and thank people involved with your project.

The following tie-breakers will be used, if necessary, to help determine the top event placements. If scores are tied so that a winner cannot be determined, the tie will be broken by the highest score on the first tie-breaker (★). If those scores are tied, the second tie-breaker will be used (★★), followed by the third tie-breaker (★★★), and then by the score of the Point Summary Form. If those scores are also tied, it is up to CEAT to make the final determination based on a review of the product in the event (portfolio, display, sample, etc.) *Ties are not allowed for 1st, 2nd, or 3rd places or scholarships.*

BAKING AND PASTRY ★ Mise en Place ★★ Safety ★★★ Sanitation	CAREER INVESTIGATION ★ Career Planning ★★ Evidence of Career Research ★★★ Self-Assessment
CHAPTER IN REVIEW DISPLAY AND PORTFOLIO ★ Leadership, Competitive, Cooperative, & Individualized Projects and Activities ★★ State Initiatives & National Programs ★★★ Public relations efforts	CHAPTER SERVICE PROJECT DISPLAY AND PORTFOLIO ★ Project Impact ★★ Address a Specific Need ★★★ Increase awareness/public relations
CULINARY ARTS ★ Mise en Place ★★ Safety ★★★ Sanitation	DIGITAL STORIES FOR CHANGE ★ Project Summary ★★ Creativity and Design ★★★ Technical Quality Images or Video
EARLY CHILDHOOD EDUCATION ★ Evidence of developmental knowledge ★★ Lesson Plans ★★★ Activity Plan	ENTREPRENEURSHIP ★ Business description ★★ Organizational chart ★★★ Budget
EVENT MANAGEMENT ★ Planning and Implementation Timeline ★★ Projected Budget and Options ★★★ Oral presentation – Knowledge of Event Planning and Management	FASHION CONSTRUCTION ★ Knowledge of construction ★★ Display appearance ★★★ Selected Skill Areas (overall score)
FASHION DESIGN ★ Collection design ★★ Career path ★★★ Fabric profiles	FOCUS ON CHILDREN ★ Applies child development concepts ★★ Project Impact/Follow Up ★★★ Addresses a specific need
FCCLA CHAPTER WEBSITE ★ Promotion of FCS and FCCLA ★★ Membership Information ★★★ Program of Work	FOOD INNOVATIONS ★ Original prototype formula(s) ★★ Nutrition information ★★★ Product testing method
HOSPITALITY, TOURISM, AND RECREATION ★ Background research ★★ Business Marketing: Content ★★★ Business Marketing: Format	INSTRUCTIONAL VIDEO DESIGN ★ Video Design Worksheet ★★ Content ★★★ Technical Quality
INTERIOR DESIGN ★ Originality of design ★★ Scaled room floor plan ★★★ Use of display boards during presentation	JOB INTERVIEW ★ Career Related Education ★★ Educational Enhancement Opportunities ★★★ Business Communication
INTERPERSONAL COMMUNICATIONS ★ Case study response: knowledge of communication techniques ★★ Oral presentation – Impact on interpersonal communications ★★★ Oral presentation – Use of appropriate techniques	LEADERSHIP ★ Leadership Profile & Employability Skills Checklist ★★ Leadership competencies inventory (self) summary ★★★ Leadership reflection
NATIONAL PROGRAMS IN ACTION ★ Identify concerns: knowledge of the national program ★★ Act: action taken on plan ★★★ Form a plan: organization	NUTRITION AND WELLNESS ★ Nutrition and wellness research ★★ Knowledge of nutrition and wellness ★★★ Nutrition and wellness goals
PARLIAMENTARY PROCEDURE ★ Proper use of parliamentary law ★★ Quality of demonstration discussion ★★★ Team participation	PERSONAL FINANCE: PRESENTED BY EVERFI ★ EVERFI Coursework ★★ Industry Interaction ★★★ Budget

PROFESSIONAL PRESENTATION ★ Creativity of visuals ★★ Use of visuals ★★★ Oral presentation – Knowledge of subject matter	PROMOTE AND PUBLICIZE FCCLA ★ Promotion plan description and goals ★★ Evidence of research ★★★ Evidence of campaign
PUBLIC POLICY ADVOCATE ★ Issue research ★★ Methods of action ★★★ Results of advocacy	RED TALKS ON EDUCATION ★ Call to Action ★★ Knowledge of Subject Matter ★★★ Introduction
REPRUPOSE AND REDESIGN ★ Repurpose and redesign skills – Overall quality of workmanship ★★ Display ★★★ Repurpose and redesign skills – Selected skill areas (overall score)	SAY YES TO FCS EDUCATION ★ FCS Education Research Summary ★★ Classroom Observation Summary ★★★ FCCLA Integration Plan
SPORTS NUTRITION ★ Nutrition evaluation ★★ Sport and training summary ★★★ Nutrition and hydration plan	SUSTAINABILITY CHALLENGE ★ Creativity and multiplication of project ★★ Knowledge of the relationship of environmental concern to participants' home, school, and/or community ★★★ Scope of educational presentations
TEACH OR TRAIN ★ Career exploration ★★ Evidence of technology used ★★★ Lesson/workshop plan: organization	TEACHING STRATEGIES ★ Knowledge of Teaching Strategy ★★ Application of Teaching Strategy ★★★ Teaching Strategy Summary

Thank you to Virginia FCCLA for the original development of this tie-breaker guide

FCCLA State Advisers are vital to the success of STAR Events. Although the national organization manages STAR Events, State Advisers carry significant responsibility for preparing, selecting, and monitoring their state participation.

1. Ensure student success by following national event rules when developing state events.
2. Develop a plan for selecting STAR Events participants. Criteria should include:
 - Participant selection when state-level events do not designate a first, second, and third place.
 - Participant selection in states where there are no state events.
 - Selection of substitutes for regional, district, and state STAR Events.
 - Method of breaking a tie between top-rated state event participants.
 - Policy for STAR Events participants' travel to National Leadership Conference.
 - Notification of all local chapters regarding the above information.
3. Help participants avoid disqualification by checking their eligibility for the event before advancing them to national-level competition. State advisers must submit and approve only those who have met all national rules. Screen applicants thoroughly. State advisers are directly responsible for screening since the national office lacks information to make these judgments. The number one concern is fairness, and state adviser commitment is essential to this goal. Careful supervision at the state level will eliminate the need for disqualification or loss of points at the national level.
4. Notify participants, their advisers, and any chaperones of the STAR Events information posted in the FCCLA Adviser Portal throughout the year. Specific information for National Leadership Conference participants is posted in June, containing important information participants must know before the national conference.
5. Submit all national STAR Events qualifiers through the national FCCLA Adviser Portal. Ensure that all qualifiers are submitted in the correct event/level and meet event eligibility requirements.
6. Remind participants that they cannot compete in a STAR Event and the FCCLA/LifeSmarts Knowledge Bowl at the National Leadership Conference. Participants must choose one activity or the other.
7. Communicate with national STAR Events participants prior to the National Leadership Conference and review national STAR Events rules and procedures to ensure a successful transition from state to national competition. Encourage participants to watch the Event Online Orientation video in the student portal and review the entire National Leadership Conference schedule.
8. State advisers are essential in securing qualified volunteers for STAR Events. Each state is assigned an event and must provide a Lead Consultant, Assistant Lead Consultant, and Adult Room Consultants based on the number of entries and participants. Since STAR Events operate on a limited budget, unpaid volunteers are critical. **States are responsible for providing one evaluator for every three event participants.** The STAR Events Management Manual outlines the specific duties of Lead Consultants, Assistant Lead Consultants, evaluators, and room consultants. Advisers should ensure all volunteers understand and fulfill their responsibilities.
9. Enforce national policy on behavior at the National Leadership Conference. (See Disqualification section.)
10. Approve any substitutions for STAR Events, as directed in the FCCLA Adviser Portal, if substitutes meet the event eligibility requirement and state selection policies and are submitted prior to the substitution deadline.
11. **Confirm STAR Schedule:** Please encourage Chapter Advisers to review and confirm participants' STAR schedule(s) in the FCCLA Adviser Portal prior to the National Leadership Conference. While no longer required for points, this step ensures participants have the most up-to-date information and are fully prepared to compete successfully.



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