

<b>STAR EVENTS</b>		
Level 1 grades 8↓   Level 2 grades 9-10   Level 3 grades 11-12		
<b>Career Investigation</b>   <i>*Individual Event Only</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Chapter In Review – Portfolio</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Chapter Service Project – Display/Portfolio</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Entrepreneurship</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Event Management</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Fashion Construction</b>   <i>*Individual Event Only</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Focus On Children</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Food Innovations</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Hospitality, Tourism &amp; Recreation</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Interior Design</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Job Interview</b>   <i>*Individual Event Only</i> Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>3</b> at each level
<b>National Programs In Action</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Parliamentary Procedure</b>   <i>*Team Event Only</i> Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Professional Presentation</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Promote &amp; Publicize FCCLA</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Repurpose &amp; Redesign</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Say YES To FCS Education</b>   <i>*Individual Event Only</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>3</b> at each level
<b>Sports Nutrition</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Sustainability Challenge</b>   <i>*Individual or Team Event</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>3</b> at each level
<b>Teach Or Train</b>   <i>*Individual Event Only</i> Level 1 • Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>3</b> at each level
<b>Teaching Strategies</b>   <i>*Individual Event Only</i> Level 2 • Level 3	Entries Per <b>District</b> → <b>State</b> <b>2</b> at each level	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level

## SPECIALTY FCS PROGRAM STAR EVENTS

<b>Culinary Arts</b>   *Participants MUST be currently enrolled in a Food Service & Culinary Arts class... Level 3 <span style="float: right;">MISO3-09213</span>	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level
<b>Early Childhood Education</b>   *Participants MUST be currently enrolled in Early Child. Care & Ed. Services Level 2 • Level 3 <span style="float: right;">MISO3-09211</span>	Entries Per <b>State</b> → <b>National</b> <b>2</b> at each level

### STATE ONLY EVENTS

<b>Creed Contest</b>   *Individual Event Only Level 1 • Level 2 – 9 <sup>th</sup> Grade Only (1 <sup>st</sup> Year Member ONLY)	** <b>OPTIONAL</b> practice round at District Competition
<b>See What We've Done!</b>   *Individual or Team Event Level 1 • Level 2 • Level 3	

### ONLINE EVENTS

<b>Digital Stories For Change</b>   *Individual or Team Event Level 1 • Level 2 • Level 3	<b>Register</b> project on the <b>FCCLA portal</b> - Meeting & Events Tab	Preliminary Round > register by February 1 <sup>st</sup> & submit project by deadline.  Top 20 entries per level advance to Nationals.
<b>Instructional Video Design</b>   *Individual or Team Event Level 1 • Level 2 • Level 3		
<b>FCCLA Chapter Website</b>   *Individual or Team Event Level 1 • Level 2 • Level 3 (Chapters may only choose ONE category for competition)		
<b>Red Talks On Education</b>   *Individual Level 1 • Level 2 • Level 3		

### SKILLS DEMONSTRATION EVENTS

\*Individual Events ONLY\*

<b>#TeachFCS</b>   Level 1 • Level 2 • Level 3	<b>Register</b> project on the <b>FCCLA portal</b> to compete at Nationals  **See National website for registration deadline
<b>Impromptu Speaking</b>   Level 1 • Level 2 • Level 3	
<b>FCCLA Creed Speaking &amp; Interviewing Skills</b>   Level 1 • Level 2 • Level 3 <small>(Practice round at State Competition &gt; sign up on SLC registration (DLG link))</small>	
<b>Interior Design Sketch</b>   Level 1 • Level 2 • Level 3	
<b>Interviewing Skills</b>   Level 1 • Level 2 • Level 3	

**\*\*Will be updated as soon as Nationals posts this year's events!**

#### Notes:

- A "Which STAR Event Is For You" quiz can be found on the FCCLA portal > surveys & applications > competitive events – students should take the quiz from the student portal side.
  - ND members can only compete in STAR Events on this list, not all events are offered at district/state level due to competition restraints & requirements.
- If a member has competed in an event at Nationals, they CANNOT compete in that event unless they level up (example – A 9<sup>th</sup> grader that competes in Food Innovation L2 at NLC, in order to compete in Food Innovation competitive event again, they must be in at least grade 11 to compete at L3)
- Make sure students thoroughly read through the event rubric, understanding which requirements are scored for the display/portfolio portion versus the oral presentation portion of the project.
- Competitors scoring in the BRONZE range at competition CANNOT advance to the next level.